

The Dawuro Livelihoods Project, Ethiopia

Send a Cow, 2018 – 2020



PROJECT GOAL: To tackle chronic malnutrition to improve the health and wellbeing of 4,500 farming families and the surrounding community in Dawuro Zone, with particular focus on children under the age of five and young women.

Send a Cow in Ethiopia

Send a Cow has been working in Ethiopia for over 20 years, supporting families to lift themselves out of poverty, through delivering high quality development. Our approach targets women and sees us integrate gender, sustainable agriculture, animal welfare, natural resources and enterprise in a holistic way, empowering people in all areas of their life.

The decision to work in Dawuro was initiated when the Government of Ethiopia invited Send a Cow Ethiopia to work there – where there is high need and very few active NGOs.

Why the families in Dawuro need your support

Dawuro is an extremely remote area in the Southern Highlands of Ethiopia with poor infrastructure and service provision. 61% of people live in poverty and 79% of the population are under the age of 30. Families have little hope for the future.

Nutrition: Diets are very poor and families experience hunger for 4.7 months per year. Malnutrition accounts for 28% of child mortality.

Growing food: Families cannot grow enough food because of limited knowledge of farming, lack of access to water and poor crop diversification.

Water access: Only 35% of springs are capped. No health posts or schools have clean water. More than 90% of people lack access to drinking water.

Gender: Women lack control over resources and shoulder the burden of household chores such as collecting water, whilst men rarely do so. Women have no say in decision-making about income, spending or family planning.



Beneficiaries

Using Send a Cow's *community approach*, we will deliver 3 tiers of support and lift the entire community of 15,000 families to a point that it is thriving and self-sustaining:

- **Self-help groups:** 4,500 people in 150 self-help groups will receive Send a Cow's intensive training package.
- **Community activities:** 2,750 families (16,500) people will benefit from improved nutrition and health services in the area. An additional 900 families will gain access to safe water.
- **Open learning community events and peer influence:** Will improve the lives of a further 7,750 families from the wider community.

Send a Cow activities

Nutrition: Training in food production, diversification, preparation, clean water, sanitation and equal food sharing.

Farm systems: Families will be trained in sustainable agriculture to adapt and innovate according to their context.

WASH: The project will promote sanitation and hygiene and provide access to clean water.

Gender and marginalisation: The project will tackle gender inequality by focusing on: Workloads, decision-making and confidence.

Sustainability: Through practical training and putting local support structures in place, knowledge will remain in the community and continue to spread after the project has finished.

Impact 2018 - 2020

By building confidence, knowledge and capacity, we aim to empower families to effect change for themselves and enable them to start producing sufficient, safe and nutritious food to eat.

- ✓ Families will experience fewer hunger months and improved dietary diversity.
- ✓ 80% will adopt new Send a Cow practices (from 5%) and 90% will grow vegetables for consumption and marketing (from 17%). Household income will increase 3 fold.
- ✓ People with access to safe drinking water will rise from 36% to 50%.
- ✓ 18,144 women will have access to locally made food for infants, improved services on nutrition and family planning and be fully involved in key family decisions.

The impact your gift can have

Our previous work in Ethiopia has shown dramatic improvements for farming families. Here are a few examples of what your gift could achieve in Dawuro, Ethiopia this year:

- **£100** could give 6 families in Dawuro access to health services and safe water.
- **£500** could provide intensive training for 7 women in Self Help Groups so they and their families can thrive.
- **£1,000** could reach 460 people in the wider community to improve their capacity to grow their own, nutritious food.

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